

MycoRev Tonic

MycoRev Tonic is a mushroom supplement featuring high quality extracts of Chaga, Cordyceps, and Lion's Mane, selected for their synergistic whole body support.

Traditionally utilized to promote physical endurance and help provide resistance to environmental stress, Chaga (*Inonotus obliquus*) is also used to support gastrointestinal, cardiovascular, metabolic, and immune system health.*

Cordyceps (*Cordyceps militaris*) mushroom has long been revered in traditional medicine systems, particularly in Asia, where it is highly regarded as a general well-being tonic. Cordycepin and polysaccharides are the key active constituents of *Cordyceps militaris*. Cordyceps helps promote physical stamina and athletic endurance,* supports healthy immune system function, and has affinity for the lungs and kidneys.¹

Lion's Mane (*Hericium erinaceus*) has a history of traditional use as a therapy to support upper digestive tract and cognitive health.* Its unique active constituents are hericenones and erinacines. Lion's Mane has recently undergone extensive research revealing significant benefits for healthy nervous system function. Clinical trials support its use for improvements in cognitive function, mood, nerve health, and endogenous production of nerve growth factor.^{2,3,4,5}

When combined, these three mushrooms provide exceptional whole body synergy to:

- ▶ Encourage feelings of well-being*
- ▶ Promote stamina and vitality*
- ▶ Promote the body's normal resistance function*
- ▶ Aid the body's natural adaptive responses to occasional everyday stress*
- ▶ Support healthy nervous system response*
- ▶ Encourage balance between the body and mind*
- ▶ Support cognitive functioning*
- ▶ Optimize healthy immune function*
- ▶ Promote healthy aging*



Product #3P220

MycoRev Tonic
(60 Capsules)
3rd Planet

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Supplement Facts		
Serving size 1 Capsule	Servings per container 60	
Amount per serving	% Daily Value ▼	
Chaga 8:1 organic sclerotium extract from <i>Inonotus obliquus</i> sclerotium 1.6 g	200 mg	**
Cordyceps 10:1 organic fruitbody extract from <i>Cordyceps militaris</i> organic fruitbody 750 mg	75 mg	**
Lion's Mane 8:1 organic fruitbody extract from <i>Hericium erinaceus</i> organic fruitbody 1.76 g	125 mg	**
**Daily values (DV) not established		

Other ingredients: Buckwheat (*Fagopyrum esculentum*) fruit, hypromellose.



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1. Chinese Pharmacopoeia, 2010. Beijing: Chinese Medicine Science and Technology Publishing House.
2. Saitsu Y, Nishide A, Kikushima K, et al. Biomed Res. 2019;40(4):125-13.
3. Mori K, Inatomi S, Ouchi K, et al. Phytother Res. 2009 Mar;23(3):367-72.
4. Vigna L, Morelli F, Agnelli GM, et al. Evid Based Complement Alternat Med. 2019 Apr 18;2019:7861297.
5. Nagano M, Shimizu K, Kondo R, et al. Biomed Res. 2010 Aug;31(4):231-7.